



THUMB BOOK SUPPORT INSTRUCTION MANUAL



Hold your book open with one hand, without the strain.

This small thumb support slides onto your thumb and holds your pages open for you, so you can read comfortably without needing both hands. Whether you're lying down, sitting, or reading on the go, it keeps your place steady without fighting the pages.

It's especially helpful if grip strength, hand fatigue, or wrist pain makes holding a book open uncomfortable. Instead of constantly adjusting your hands or losing your page, you can stay relaxed and focus on reading. It also doubles as a bookmark, so it's easy to keep your place when you're done. Simple, lightweight, and one of those tools that makes reading feel easier again.

Great for:

- One-handed reading
- Reading in bed or lying down
- Reduced grip strength or hand fatigue
- Arthritis, carpal tunnel, or wrist discomfort
- Holding books open without constant adjusting
- Reading while commuting or travelling
- Read-aloud sessions where you need a free hand

Features:

- Thumb slot design to hold pages open
- Keeps your place steady while reading
- Lightweight and easy to carry
- Doubles as a bookmark
- Reduces strain on hands and wrists
- Simple to slide on and off

Image Description: A small blue plastic thumb book holder with a circular thumb hole and two flat arms that spread pages open. Shown being worn on the thumb and also clipped over a book to hold pages in place.



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Details:

Material: Plastic

Size: 8cm (L) x 3cm (W) x 2cm (H)

Weight: 10 grams

Package Contains: 1x Book Thumb Support

Age Guidance: Suitable for children and adults; supervision recommended for younger children

How to Use:

1. Slide your thumb through the ring
2. Place the flat ends between the pages
3. Let the arms hold the book open
4. Adjust position to suit your grip
5. Leave in place to mark your page when finished

Care Instructions:

- Wipe clean with a damp cloth if needed
- Do not bend or apply excessive force
- Store in a bag or with your books