



HICCUP RELIEF STRAW INSTRUCTION MANUAL



Say goodbye to stubborn hiccups with this simple but clever tool, the Hiccup Relief Straw. Designed and tested by scientists, this special straw helps stop hiccups almost instantly by using controlled suction to reset your diaphragm and vagus nerve. It's quick, natural, drug-free, reusable, and perfect for both kids + adults!

By sipping water through the straw, you create a small amount of pressure that "resets" the muscle movement causing hiccups. It's an easy and effective solution you can use anywhere, whether you're at home, in hospital, or on the go.

Great for:

- People with recurring or hard-to-stop hiccups
- Individuals with conditions that make hiccups more frequent or uncomfortable
- Everyday use at home, school, or work
- Keeping in your bag, travel kit, or hospital stay pack

How it Helps:

- Helps stop hiccups fast and naturally
- Regulates breathing and resets the diaphragm
- Safe, drug-free, and reusable
- Suitable for adults and children
- Designed with science, used by people everywhere

Image Description: A Hiccup Relief Straw in teal, mint, and black, shown side-by-side. Each features a gently angled design and textured grip for ease of use.



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Details:

Material: Silicone

Size: Please see sizes below...

Straw Body: 11.5cm (L) x (1.4 diameter)

Straw Head: 3.5cm (L) x 2cm (W) 0.4cm

Weight: 10 grams

Package Includes: 1x hiccup straw

How to Use:

1. Fill a glass with water. Use enough water for at least two or three good sips.
2. Place the straw into the water. Hold it upright and make sure the lower end is fully submerged.
3. Take a strong sip through the straw. You'll need to pull a little harder than a normal straw as this creates the pressure that helps stop hiccups.
4. Swallow the water right away. The suction and swallow together "reset" the diaphragm and vagus nerve, stopping the hiccup reflex.
5. Repeat once if needed. Most people find their hiccups stop after the first or second sip!

Care Instructions:

- Works best with cool or room-temperature water.
- Clean after use with warm, soapy water and let dry.
- Safe and reusable. Keep one in your kitchen, hospital bag, or travel kit so it's always ready to use.
- And now you have the secret to help quickly settle those pesky hiccups any time that they strike.